

# The Preparedness Store & BOSCH Kitchen Center

120 Northgate Mile  
Idaho Falls, ID 83401  
(208) 524-8300

Hours: Tues.-Fri. 10:00-5:30  
Sat. 10:00-4:00  
Closed Sun. & Mon.

[www.thepreparednessstore.com](http://www.thepreparednessstore.com)

Prices are subject to change without notice (#57 - 4/11)

## Cans #10

Each enameled can has one oxygen absorber packet which almost always assures contents remain 99.5% oxygen free.  
#10 cans use a 500cc absorber and can hold 13 cups.

SAVE an EXTRA 2% on FULL CASES (6each)

### Vegetables

I001	Broccoli-20oz. #10	21.50
I003	Carrot-Dices 38oz #10	16.40
I005	Corn-Super Sweet 38oz #10	22.60
I007	Peas-Garden Sweet 49oz #10	22.50
I009	Beans-Green 24oz #10	17.60
I011	Potato-Hash browns 27oz #10	8.60
I013	Mushroom-Slices 9oz #10	13.80
I015	Onion-Chopped 40oz #10	12.70
I122	Potato-Butter Bits 48oz #10	13.55
I017	Potato-Dices 36oz #10	9.10
I019	Potato-Flakes 32oz #10	7.30
I021	Potato-Granules 88oz #10	12.80
I023	Potato-Slices 20oz #10	6.90
I025	Tomato-Powder 68oz #10	30.10
I027	Mix-Vegetable Stew Blend 33oz #10	17.40
*Potato dices, shredded cabbage, sliced onion, carrot dices, celery, tomato dices, red bell pepper, green bell pepper, No preservatives added*		
I029	Celery 18oz. #10	10.40
I031	Cabbage-36oz #10	18.20
I033	Peppers-Mixed (red & green) 20oz #10	12.80
I064	Spinach-Flakes 8 oz #10	9.00
I072	Sweet Potato Dices 44 oz.	17.00
I111	Mixed Vegetables 42oz #10	20.30

### Fruit

I051	Fruit-Apple Slices 21oz #10	14.80
I053	Fruit-Applesauce 46oz #10	28.70
I055	Fruit-Banana Slices 36oz #10	8.50
I057	Fruit-Fruit Galaxy 44oz #10	44.80
*Peaches, apples, grapes, apricots, maraschino cherries*		
I059	Fruit-Peach Apple Flakes 40oz #10	25.30
I065	Fruit-Strawberry Apple Flakes 40oz #10	25.60
I067	Fruit-Peach Dices 52oz #10	51.10
I069	Fruit-Raisins Golden (dried) 48 oz. #10	30.20
I076	Coconut-Shreds 32 oz #10	9.20

### Dairy

T009	Milk-Morning Moo Chocolate 64 oz #10	15.30
T003	Milk-Morning Moo White 64 oz #10	12.95
T001	Milk-Regular non fat 64 oz #10	13.60
R001	Milk-Instant non fat 50 oz #10	15.90
I073	Sour Cream-Powder 48 oz #10	29.00

J001	Butter-Powder 44oz #10	26.50
J013	Margarine-Powder 44oz #10	12.70
J003	Cheese-Blend (no MSG) 65oz #10	26.00
J037	Cheese-Cheddar (no MSG) 51oz #10	35.40
J015	Milk-Buttermilk Powder 68oz #10	17.20
J021	Whip Topping 71oz. #10	28.00
J007	Eggs-Mix = 48 eggs #10 (milk & shortening added)	23.40
J009	Eggs-Whites 48oz #10	43.70
J011	Eggs-Whole 48oz = 96 Eggs #10	21.40
J125	Ova Easy Egg 48oz #10 (144 eggs whole egg crystal)	35.70

### Misc

N006	Dough Enhancer-Natural 20 oz Pkg	7.60	
N015	Dough Enhancer-Moms Best w/tofu 21oz.	8.10	
N012	Yeast-SAF Instant 1lb Packet	3.40	
J051	Baking Powder-Rumford 80oz #10	15.70	
J053	Baking Soda-116oz #10	9.60	
J059	Cornstarch-68oz #10	7.10	
J081	Clear Jel-64oz instant (cold) #10	17.10	
J141	Clear Jel-64oz non-instant (hot) #10	16.30	
J065	Peanut Butter-Powder 48oz #10	17.40	
J182	Dutch Baking Cocoa 48 oz #10	25.40	
O093	Salt-Real Natural 128oz #10	36.40	
K092	Salt-Iodized 128oz #10	7.40	
I075	Gelatin-Strawberry 80 oz #10	16.95	
Available: Cherry, Orange, Raspberry, Lime, Strawberry-Banana			
I077	Corn Syrup-Solids 64 oz #10	7.40	
J019	Shortening-Powder 44oz #10	11.60	
J055	Bouillon-Beef (no MSG) 102oz #10	26.20	
J057	Bouillon-Chicken (no MSG) 102oz #10	24.70	
J077	Mix-White Cream Sauce 63oz #10	23.70	
K011	Granola-Super Nutty 48oz #10	12.30	
K075	Sample Pack - 15 items 32oz #10	13.80	
*Sweet corn, peas, vegetable stew, potato dices, tomato powder, Apple slices, strawberry flakes, bananas, fruit mix, whole egg, cheese, margarine, instant milk, peach drink, taco tvp*			
K085	Plastic Lids for #10 Can	50	
Box for 6 #10 cans			2.00

### Flour

K061	Flour-All Purpose 64 oz #10	6.40
K063	Flour-Whole Wheat 64oz #10	6.40

All prices subject to change

## Legumes

K005	Beans-Baby Lima 88oz #10	11.80
K013	Beans-Great Northern 84oz #10	11.20
K019	Kidney 76oz #10	11.10
K023	Beans-Pinto 84oz #10	9.10
K035	Beans-Small Red 90oz #10	10.30
K037	Beans-Small White Navy 94oz #10	11.70
K039	Beans-Soy 84oz #10	9.30
K041	Beans-16 Bean Mix 17 items 84oz. #10	12.30
	*Contains pinto, small red, small white, great northern, large & small lima, kidney, black turtle, pink beans, yellow & green split peas, red and white lentils, black eye peas, mung beans and white rice*	
K043	Beans-Mung 80oz. #10	13.60
K045	Beans-Black Turtle 90oz. #10	11.20
O065	Beans-Adzuki domestic 84oz. #10	15.20
K049	Beans-Garbanzo 80oz. #10	9.80
K001	Mix-ABC Soup 84oz #10	10.10
	*Pearl Barley-Split Peas-Rice-Lentils-ABC Noodles*	
K101	Bean-Anasazi 84oz #10	16.70
J079	Beans-Refried 40oz #10	12.10
K017	Peas-Split Green 98oz #10	8.40
K021	Beans-Lentils 88oz #10	9.50
K129	Ezekiel Mix 88 oz #10	10.40
	*Contains red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney bean*Grains	
W036	Wheat-Hard White 88oz #10	4.10
W008	Wheat-Hard Red 88oz #10	4.30
K053	Wheat-Cracked 65oz #10	7.30
K065	Germade-Cream of Wheat 73oz #10	6.30
K027	Oats-Quick Rolled 40 oz #10	6.20
K086	Oats-Reg. Rolled 40oz #10	6.20
K094	Oats-Bran (fine) 57oz. #10	7.40
K073	Oats-Groats 85oz #10	7.60
K088	Grain-9 Grain Cracked Cereal 69oz #10	7.40
	*Contains hard red wheat, soft white wheat, oats, pearl barley, corn,millet, flax, hulled barley, and rye*	
K090	Grain-6 Way Rolled Grain 48oz #10	6.30
	*Contains Golden 86 wheat, hard red wheat, oats, barley, triticale, and sunflower seed*	
J061	Grain-7 Grain Mix 83oz #10	9.00
	*Contains Golden 86 wheat, oat groats, pearl barley, brown rice, triticale, rye and millet*	
J183	Flax-Golden 76oz #10	9.60
J063	Flax 76 oz #10	8.20
K007	Barley-Pearl 92oz #10	7.40
K029	Rice-Brown long 84oz #10	8.50
K031	Rice-White long 88oz #10	8.00
I062	Rice-Par Boiled 82 oz #10	9.00
K009	Corn-Whole Yellow Dent 76oz #10	5.20
K051	Cornmeal-Yellow 72oz #10	6.50
K025	Popcorn-Yellow 96oz #10	8.20

## Pasta

K067	Macaroni-Elbow 50oz #10	10.40
K069	Noodles-Egg 40oz #10	10.10
K077	Spaghetti-51oz #10	10.50

## Mixes

I096	Mix-Macaroni & Cheese 50oz #10	12.30
I097	Mix-Creamy Potato Soup 56 oz #10	19.35
U057	Mix-Vegetable Soup Blend 48oz #10	9.30
J038	Mix-Beef Flavored Stew 40oz #10	13.60
J039	Mix-Chicken Fricassee 64oz #10	10.60
J064	Mix-Beef Fricassee 64oz #10	11.00
J097	Mix-Chicken Noodle Soup 30oz #10 (ser 18)	12.70
J099	Mix-Beef Noodle Soup 40oz #10	10.80
U147	Mix-Stroganoff Casserole 49oz #10	13.20

J164	Stroganoff Gravy Mix 49 oz #10	18.60
J153	Beef Gravy Mix 70 oz #10	22.10
J151	Chicken Gravy Mix 70 oz #10	23.50

## TVP Meat Flavored Vegetable Protein

I095	Ham Flavored 36 oz #10	12.00
J023	Barbecue Flavored 52oz #10	18.70
J025	Pepperoni Flavored 52oz #10	14.10
J027	Sloppy Joe Flavored 52oz #10	18.00
J069	Bacon Flavored 36oz #10	8.80
J071	Beef Flavored 40oz #10	9.90
J073	Chicken Flavored Bits 33oz #10	9.10
J075	Taco Flavored 56oz #10	13.50
J083	Sausage Flavored 40oz. #10	10.70
J101	Imagic Bacon Crumbles 56 oz #10	17.80
J103	Beef Flavored Jerky Strips 40 oz #10	18.70
J105	Chicken Flavored Ready Strips 40 oz #10	18.50
J173	Italian Sausage 40oz #10	13.10

## Drinks

J005	Cocoa-92oz #10	22.70
K055	Drink-Apple 105oz #10	20.60
K057	Drink-Orange w/fructose 105oz #10	20.60
K059	Drink-Peach w/fructose 105oz #10	20.60

## Sugar

K079	Sugar-Brown 67oz #10	10.50
K081	Sugar-Powdered 60oz #10	9.70
K083	Sugar-White 94oz #10	13.60

## Desserts

I078	Mix-Pudding Tapioca 70 oz #10	16.50
J033	Mix-Chocolate Pudding inst 76oz #10	23.80
J093	Mix-Vanilla Pudding inst 53oz #10	23.80
J095	Mix-Banana Pudding inst 53oz #10	24.30
J067	Mix-Fudge Brownie 84oz #10	14.30

## Bakery

K131	Scrumptious Drop Scone Mix 64oz #10	11.50
K130	Squaw Wheat Bread Mix 63oz #10	8.40
K134	Save Time White Bread Mix 68 oz #10	10.00
K132	Bakers Complete White Cake Mix 69 oz #10	11.50
K133	Bakers Complete Chocolate Cake Mix 73 oz #10	14.10
J089	Mix-Buttermilk Biscuit 51oz #10	8.00
K071	Mix-Buttermilk Pancake 63oz #10	9.00
K114	Mix- Basic Muffin 72oz #10	13.50
K119	Mix- Corn Muffin 72oz #10	13.40

## FREEZE DRIED FOODS

### Freeze Dried Fruits

K135	Apple Dices 10oz #10	22.70
K149	Bananas Sliced 14oz #10	20.60
K147	Blackberries Whole 13oz #10	28.90
K145	Blueberries Whole 13oz #10	29.80
K141	Mango 12oz #10	22.70
K143	Peaches Sliced 16oz #10	36.10
K153	Pear Dices 10oz #10	24.30
K139	Pineapple Chunks 16oz #10	33.00
K137	Raspberries Whole 11oz #10	41.20
K151	Strawberries Sliced 6oz #10	18.60

**All prices subject to change**

### Freeze Dried Vegetables

K155	Garden Peas 18oz #10	17.60
K157	Green Beans 6 oz #10	16.50
K159	Corn Super Sweet 20oz	20.70
K161	Cauliflower Pearls 5 oz #10	16.50
K163	Asparagus 5oz #10	17.50
K165	Broccoli 7oz #10	17.50

### Freeze Dried Cheese

K167	Sharp Cheddar 37 oz #10	42.60
K169	Mozzarella 32 oz #10	36.10
K171	Monterey Jack 37 oz #10	43.90
K173	Colby 37 oz #10	45.40

### Freeze Dried Meats

	White Turkey 21oz #10	44.95
	Sausage Crumbles 21.9oz #10	41.95
	White Chicken 23oz #10	44.95
	Ham 23oz #10	59.95
	Ground Beef 29oz #10	40.45
	Beef Dices 17oz #10	50.20

### Freeze Dried Entrees & Meals

	Fettuccine Alfredo with Chicken 42.3oz #10	28.95
	Rotini with Meat Sauce 41.6oz #10	29.95
	Fettuccine Alfredo 42oz #10	24.95
	Pasta with Beef in Creamy Mushroom Sauce 32oz #10	32.95

## **Cans #2.5**

Each enameled can has one oxygen absorber packet which almost always assures contents remain 99.5% oxygen free.  
#2.5 cans use a 300cc absorber and hold 3 1/2 cups.

**SAVE an EXTRA 2% on FULL CASES**

### Vegetables

G005	Mix-Vegetable Stew Blend 9oz #2.5	7.90
G007	Onion-Chopped 12oz #2.5	5.90
G009	Tomato-Powder 18oz #2.5	10.20
G011	Mushroom-Slices 4oz #2.5	6.90
G013	Broccoli-6oz #2.5	7.90
G015	Celery-4oz #2.5	5.00
G017	Peppers-Mixed 5oz #2.5	6.30
G019	Carrot-Dices 12oz #2.5	6.50
G021	Corn-Super Sweet 11oz #2.5	7.30
G023	Peas-Garden Sweet 13oz #2.5	7.90
G025	Beans-Green 6oz #2.5	7.00
G027	Cabbage-4oz #2.5	6.10

### Fruits

G045	Fruit-Peach Apple Flakes 11oz #2.5	8.20
G047	Fruit-Strawberry Apple Flk 11oz #2.5	8.30
G049	Fruit-Raisins Golden 11oz #2.5	8.90
G097	Fruit-Peach Dices 14oz #2.5	16.20
U019	Fruit-Banana Slices 9oz #2.5	4.90
U021	Fruit-Apple Slices 5oz #2.5	5.50
G031	Fruit-Fruit Galaxy 12oz #2.5	14.50
G033	Fruit-Applesauce 12oz #2.5	8.50

### Dairy

G043	Mix-Whip Topping 22oz #2.5	10.40
G061	Cheese-Blend 16oz #2.5	8.90
G063	Cheese-Cheddar 13oz #2.5	11.50
G067	Butter-Powder 14oz #2.5	11.20
G057	Margarine-Powder 14oz #2.5	6.80
G029	Sour Cream-Powder 12oz #2.5	9.50
G069	Milk-Buttermilk Powder 17oz #2.5	5.80
R003	Milk-Instant non fat 13oz #2.5	5.70
T005	Milk-Regular non fat 16oz #2.5	5.40
G051	Eggs-Whole 13oz 27 Eggs #2.5	9.00
G053	Eggs-Mix 13oz #2.5	7.80
G055	Eggs-Whites 13oz #2.5	11.70
G156	Ova Easy Eggs 13 oz whole egg Crystal #2.5	15.10

### Mixes

U047	Mix-Stroganoff Casserole 11oz #2.5	5.40
U051	Mix-Macaroni & Cheese 14.5oz #2.5	5.80
I085	Mix-Vanilla Pudding 22oz #2.5	8.80
I087	Mix-Banana Pudding instant 22oz #2.5	9.30
I089	Mix-Chocolate Pudding 20oz #2.5	8.80
J155	Mix-Beef Gravy 18 oz #2.5	8.30
J157	Mix-Chicken Gravy 18 oz #2.5	8.30
J159	Mix-Stroganoff Gravy 11oz #2.5	6.70
J161	Mix-Spanish Soup Gravy 19 oz #2.5	0.00
G077	Mix-White Cream Sauce 16oz #2.5	8.60

### TVP Meat Flavored Textured Vegetable Protein

G081	Beef Flavored 10oz #2.5	4.50
G083	Bacon Flavored 11oz #2.5	4.50
G085	Taco Flavored 12oz #2.5	5.10
G087	Sausage Flavored 10oz #2.5	4.70
U023	Ham Flavored 12oz #2.5	5.80
I093	Chicken Flavored Bits 11oz #2.5	4.70
G109	BBQ 10oz #2.5	6.00
G111	Pepperoni 10oz #2.5	5.00
G113	Sloppy Joe 10oz #2.5	5.60
G115	Italian Sausage 10 oz #2.5	5.40
U184	Beef Jerky 9 oz #2.5	6.40
U183	Chicken Strips 10 oz #2.5	6.00
J121	Imagic Bacon Crumbles 11oz #2.5	5.20

### Misc. Cooking Aids-Seasonings

G065	Shortening-Powder 14oz #2.5	5.90
U175	Pepper Ground Black 16 oz #2.5	11.50
U178	Chili Powder 16 oz #2.5	13.40
U179	Cinnamon Powder 16 oz #2.5	10.70
U180	Ground Cloves 16 oz #2.5	15.40
U176	Pizza Seasoning Blend 11 oz #2.5	10.50
U177	Taco Seasoning Blend 16 oz #2.5	14.00
U133	Garlic Granules 18 oz #2.5	12.40
G071	Bouillon-Beef 29oz #2.5	8.60
G073	Bouillon-Chicken 31oz #2.5	8.90
G075	Cornstarch-18oz #2.5	3.80
G079	Baking Soda-32oz #2.5	5.00
U035	Baking Powder-Rumford 16oz #2.5	7.40
G095	Salt-Iodized 32oz #2.5	4.20
O094	Salt-Real Natural 32oz #2.5	12.30
I039	Clear Jel Instant (cold)-17oz #2.5	7.20
U141	Clear Jel Non-Instant (hot) #2.5	6.70
I035	Granola-Super Nutty 14 oz #2.5	6.30
U027	Oats-Quick Rolled 10oz #2.5	3.70

U031	Potato Dices 8oz #2.5	4.40
U029	Potato Granules 24oz #2.5	6.20
U033	Almonds-Raw 16oz #2.5	11.90
U037	Sprout Seed-Alfalfa 20oz #2.5	8.50
G116	Blueberry Nuggets (imitation) 22oz 2#	8.40
G117	Raspberry Nuggets (imitation) 22oz 2#	8.60
G118	Apple Cinnamon Nuggets (imitation) 22oz	11.90
U181	Dutch Baking Cocoa 14oz #2.5	8.80

**Drinks**

G059	Cocoa-24oz #2.5	8.00
G089	Drink-Peach w/fructose 25oz #2.5	8.40
G091	Drink-Orange w/fructose 25oz #2.5	8.40
G093	Drink-Apple 25oz #2.5	8.40

**Freeze Dried Fruit**

G119	Apple Dices 3 oz #2.5	6.50
G134	Bananas Sliced 4oz #2.5	7.20
G131	Blackberries Whole 3oz #2.5	8.80
G129	Blueberries Whole 3oz #2.5	8.60
G125	Mango 4oz #2.5	9.10
G127	Peach Slices 4oz #2.5	10.80
G138	Pear Dices 3oz #2.5	8.80
G123	Pineapple Chunks 4oz #2.5	9.90
G121	Raspberries Whole 2.5 oz #2.5	11.20
G136	Strawberries Sliced 2oz #2.5	7.20

**Freeze Dried Vegetables**

G140	Garden Peas 5oz #2.5	6.70
G142	Green Beans 1.8oz #2.5	6.70
G144	Corn Super Sweet 4oz #2.5	6.20
G146	Cauliflower Pearls 1oz #2.5	5.20
G148	Asparagus 1 oz #2.5	5.20
G150	Broccoli 2oz #2.5	7.80

**Freeze Dried Cheese**

G157	Sharp Cheddar 10oz #2.5	13.20
G159	Mozzarella 9oz #2.5	11.40
G161	Monterey Jack 10oz #2.5	12.70
G163	Colby 10oz #2.5	13.00

## 6 Gallon Buckets

### Packed with Oxygen Absorbers

#### Grains

W004	Wheat-Hard Red 4 gal 28.5 lb	19.50
W005	Wheat-Hard Red 5 gal 36 lb	21.10
W006	Wheat-Hard Red 6 gal 45 lb	23.00
W033	Wheat-Hard White 6 gal 45 lb	22.00
C078	Wheat-Soft for pastries 6 gal 45 lb	28.60
C056	Wheat-Bran 6 gal 15 lb	n/a
C057	Wheat-Flakes 6 gal 25 lb	n/a
C040	Wheat-Durum for pasta 6 gal 42 lb	30.00
C039	Wheat-Cracked 6 gal 35 lb	35.10
C036	Buckwheat-Hulled 6 gal 42 lb	82.40
C051	Rye-6 gal 42 lb	33.00
C054	Triticale-6 gal 40 lb	35.20
C066	Grain-7 Grain Mix 6 gal 42 lb	42.40
	*Contains Golden 86 wheat, oat groats, pearl barley, brown rice, triticale, rye and millet*	
C042	Millet-Hulled 6 gal 43 lb	41.60
C058	Flax-6 gal 38 lb	38.50
C079	Germade-Cream of Wheat 6 gal 38 lb	29.40
C038	9 Grain Cracked Cereal 6 gal 38 lb	36.00
	*Contains hard red wheat, soft white wheat, oats, pearl barley, corn, millet, flax, hulled barley, rye	
C070	Ezekiel Mix 6 gal 40 lb	39.80
	*Contains red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney bean*	
C048	6 Way Rolled Grain 6 gal 25 lb	26.60
	*Contains Golden 86 wheat, hard red wheat, oats, barley, triticale, and sunflower seed*	
C049	Oats-Quick Rolled 6 gal 23 lb	23.80
C050	Oats-Reg. Rolled 6 gal 25 lb	23.90
C043	Oats-Bran fine 6 gal 30 lb	35.00
C044	Oats-Groats 6 gal 42 lb	33.50
C035	Barley-Pearl 6 gal 44 lb	34.20
C046	Rice-Brown long 6 gal 43 lb	38.90
C047	Rice-White long 6 gal 44 lb	36.10
C059	Rice-Par Boiled 6 gal 42 lb	42.70
C037	Corn-Whole Yellow 6 gal 40 lb	0.00
C073	Cornmeal-6 gal 40 lb	27.60
C045	Popcorn-Yellow 6 gal 45 lb	37.70
C091	Granola-Super Nutty 6 gal 25 lb	65.80
C075	Flour-All Purpose 6 gal 40 lb	28.80
C076	Flour-Unbleached 6 gal 40 lb	28.80
C077	Flour-Whole Wheat 6 gal 40 lb	28.80
C055	Flour-Bakers 6 gal 40 lb	29.90

#### Legumes

C002	Beans-Black Turtle 6 gal 42 lb	53.10
C003	Beans-Black eye 6 gal 38 lb	54.30
C004	Beans-Garbanzo 6 gal 40 lb	50.60
C005	Beans-Great Northern 6 gal 42 lb	52.60
C007	Beans-Kidney 6 gal 40 lb	60.20
C008	Beans-Baby Lima 6 gal 43 lb	58.20
C009	Beans-Mung 6 gal 45 lb	66.00
C010	Beans-Pink 6 gal 41 lb	49.30
C011	Beans-Pinto 6 gal 41 lb	43.90
C012	Beans-Small Red 6 gal 41 lb	48.60
C041	Beans-Lentils 6 gal 43 lb	50.50
C014	Beans-Soy 6 gal 40 lb	41.70
C015	Beans-Small White Navy 6 gal 45lb	60.50
C092	Beans-Refried 6 gal 25 lb	46.50
O063	Beans-Adzuki domestic 6 gal 45 lb	81.20
V030	Anasazi Bean 6 gal 40 lb	77.50
C001	Beans-10 Bean Mix 17items 6gal 42lb	60.70

\*Contains pinto, small red, small white, great northern, large & small lima, kidney, black turtle, pink beans, yellow & green split peas, red and white lentils, black eye peas, mung beans and white rice\*

C031	Mix-ABC Soup 6 gal 43 lb	45.80
	*Pearl Barley-Split Peas-Rice-Lentils-ABC Noodles*	
C013	Peas-Split Green 6 gal 45 lb	38.70
C006	Peas-Green Whole 6 gal 42 lb	32.50

#### Pasta

C080	Macaroni-Elbow 6 gal 25 lb	52.60
C083	Noodles-Egg 6 gal 17.5 lb	39.90
C084	Spaghetti-6 gal 35 lb	68.50

#### Vegetables

D001	Broccoli-6 gal 10 lb	90.40
D002	Carrot-Dices 6 gal 20 lb	81.00
D003	Corn-Super Sweet 6 gal 20 lb	116.90
D004	Peas-Garden Sweet 6 gal 25 lb	127.40
D005	Beans-Green 6 gal 10 lb	82.40
D007	Onion-Chopped 6 gal 16 lb	53.90
D012	Mix-Veggie Stew Blend 6 gal 15 lb	79.20
D014	Celery-6 gal 8 lb	44.50
D013	Potato-Granules 6 gal 45 lb	64.90
D008	Potato-Flakes 6 gal 15 lb	29.10
D009	Potato-Slices 6 gal 10 lb	30.00
D010	Potato-Dices 6 gal 16 lb	36.10
D006	Potato-Hash browns 6 gal 15 lb	46.60
C110	Potato-Butter Bits 6 gal 25 lb	61.70

#### Fruits

D033	Fruit-Apple Slices 6 gal 8 lb	76.70
D034	Fruit-Applesauce 6 gal 20 lb	139.10
D035	Fruit-Banana Slices 6 gal 14 lb	49.30

All prices subject to change

#### TVP Meat Flavored Textured Vegetable Protein

D063	Bacon Flavored 6 gal 18 lb	38.20
D064	Beef Flavored 6 gal 23 lb	50.80
D065	Chicken Flavored 6 gal 18 lb	45.80
D066	Taco Flavored 6 gal 25 lb	60.90
D068	Sausage Flavored 6 gal 20 lb	55.60

#### Misc.

B057	Lecithin-liquid 6 gal 41 lb	56.80
V008	Wheat Gluten-Vital 6 gal 35 lb	69.90
D051	Bouillon-Beef 6 gal 50 lb	125.70
D052	Bouillon-Chicken 6 gal 50 lb	112.30
D011	Tomato-Powder 6 gal 35 lb	159.20
O091	Salt-Real Natural Mineral 6 gal 50 lb	142.30
C085	Salt-Iodized 6 gal 50 lb	26.80
V002	Baking Soda-6 gal 50 lb	43.70
D055	Eggs-Mix 6 gal 25 lb	0.00
D056	Eggs-Whole 900 eggs 6 gal 25 lb	0.00
D062	Shortening-Powder 6 gal 25 lb	61.20

#### Dairy

D053	Butter-Powder 6 gal 25 lb	160.10
D054	Cheese-Blend 6 gal 25 lb	115.00
D058	Margarine-Powder 6 gal 25 lb	69.00
V003	Cocoa-6 gal 35 lb	92.40
V004	Milk-Instant non fat 6 gal 30 lb	105.30
V005	Milk-Regular non fat 6 gal 35 lb	111.40
C020	Morning Moo White 6 gal 35 lb 50 gallons	
C021	Morning Moo Chocolate 6 gal 35 lb 35 gallons	

**Sugar**

C087	Sugar-Brown 6 gal 45 lb .....	63.90
C088	Sugar-Powdered 6 gal 40 lb .....	53.20
V010	Sugar-White 6 gal 50 lb .....	63.70

**Mixes**

V013	Mix-Buttermilk Pancake 6 gal 25 lb .....	40.00
V026	Mix-Buttermilk Biscuit 6 gal 25 lb .....	39.30
V006	Save Time White Bread Mix 6 gal 25 lb .....	38.10
V007	Squaw Wheat Bread Mix 6 gal 25 lb .....	32.10

**6 Gallon Superpail Buckets**

**Add \$4.00**

A heavy plastic bucket with a Mylar bag. The bag is filled with the product & oxygen absorber packets to remove oxygen. The bag is heat-sealed, then the bucket is sealed with a silicone ringed lid.

This bag protects the product from light, moisture and air.

**Superpails and cans give the best storage protection.**

*Paper bags offer the least.*

**All prices subject to change**

## Bags, Bulk Beans, Grains and other Dehydrated Items

### Legumes

A001	Beans-Baby Lima Beans 25 lb	29.20
A098	Beans-Baby Lima Beans 50 lb	55.50
A014	Beans-Lima Large 25 lb	38.50
A004	Beans-Black Turtle Beans 25 lb	29.10
A006	Beans-Black eye 25 lb	31.70
A008	Beans-Garbanzo Beans 25 lb	27.60
A010	Beans-Great Northern Beans 25 lb	28.10
A134	Beans-Great Northern Beans 50 lb	52.20
A012	Beans-Kidney Beans 25 lb	31.70
A015	Beans-Lentils 25 lb	22.30
A105	Beans-Lentils 50 lb	41.40
A066	Beans-Lentils-Red 25 lb	32.60
A017	Beans-Mung 25 lb	36.20
A018	Beans-Pink 25 lb	26.40
A020	Beans-Pinto 25 lb	23.20
A135	Beans-Pinto 50 lb	42.20
A022	Beans-Small White Navy 25 lb	29.10
A137	Beans-Small White Navy 50 lb	54.10
A024	Beans-Small Red Beans 25 lb	24.30
A136	Beans-Small Red Bean 50 lb	49.10
A026	Beans-Soy Beans 25 lb	24.80
A027	Beans-Soy Beans 50 lb	42.00
P053	Beans-Anasazi 25 lb	44.90
P030	Beans-Refried 35 lb	70.50
A003	Beans-16 Bean Mix 25 lb	33.70

\*Contains pinto, small red, small white, great northern, large & small lima, kidney, black turtle, pink beans, yellow & green split peas, red and white lentils, black eye peas, mung beans and white rice\*

A051	Mix-ABC Soup 25 lb	23.10
*Pearl Barley-Split Peas-Rice-Lentils-ABC Noodles*		
B090	Mix-Creamy Potato Soup 50 lb	119.70
A028	Peas-Split Green 25 lb	20.30
A030	Peas-Split Yellow 25 lb	16.20
A064	Peas-Green Whole 25 lb	17.90

### Grains

W001	Wheat-Hard Red Paper 50 lb	17.20
W002	Wheat-Hard Red double plastic 25 lb	9.80
W003	Wheat-Hard Red double plastic 50 lb	17.90
W030	Wheat-Hard White double plastic 25 lb	9.30
W031	Wheat-Hard White Paper 50 lb	16.20
W032	Wheat-Hard White double plastic 50	16.70
B007	Wheat-Soft for pasteries 50 lb	17.30
A086	Wheat-Bran 25 lb	
A087	Wheat-Flakes 50 lb	
A063	Wheat-Durum for pasta 25 lb	14.40
A062	Wheat-Cracked 50 lb	36.00
A059	Buckwheat-Hulled 25 lb	45.00
A075	Grain-6 Way Rolled Grain 50 lb	33.70

\*Contains Golden 86 wheat, hard red wheat, oats, barley, triticale, and sunflower seed\*

A061	Grain-9 Grain Cracked Cereal 50 lb	34.90
B043	Ezekiel Mix 25 lb	23.30
*Contains red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney*		
A031	Grain-7 Grain Mix 25 lb	21.80
*Contains Golden 86 wheat, oat groats, pearl barley, brown rice, triticale, rye and millet*		

B010	Germed-Cream of Wheat 50 lb	25.40
A076	Oats-Quick Rolled 50 lb	29.60

A083	Oats-Quick Rolled 25 lb	17.20
A077	Oats-Reg. Rolled 50 lb	29.60
A084	Oats-Reg. Rolled 25 lb	17.20
A080	Oats-Groats 50 lb	28.20
A069	Oats-Groats 25 lb	16.50
A068	Oats-Bran fine 50 lb	41.70
A067	Millet-Hulled 50 lb	37.10
B038	Triticale-50 lb	32.10
U032	Flax 5 lb	8.50
B040	Flax- 25 lb	21.40
B080	Golden Flax 50lb	48.50
B078	Golden Flax 25lb	26.90
U193	Golden Flax 5lb	9.80
A078	Rye-1 bushel 56 lb	27.60
A071	Rice-White long 25 lb	15.40
A073	Rice-Brown long 25 lb	19.70
A033	Rice-Par Boiled 25 lb	20.40
A035	Barley-Hulled 25 lb	
A057	Barley-Pearl 25 lb	14.30
B001	Commeal-Yellow 50 lb	21.20
A060	Corn-Whole Yellow dent 50 lb	
A070	Popcorn-Yellow 50 lb	31.00
B075	Granola-Super Nutty 25 lb	56.10

### Flour

B004	Flour-All Purpose 50 lb	23.20
B005	Flour-Bakers high protein 50 lb	24.60
B006	Flour-Unbleached 50 lb	23.20
B008	Flour-Whole Wheat 25 lb	12.00

### Pasta

B059	Macaroni-Elbow 20 lb	33.00
B062	Noodles-Egg-Medium 10 lb	18.50
B067	Spaghetti-10" long 20 lb	32.70

### Vegetables

L001	Broccoli-15 lb	118.40
L002	Corn-Super Sweet 20 lb	107.70
L003	Carrot-Dices 20 lb	81.50
L004	Beans-Green 13 lb	95.10
L005	Peas-Garden Sweet 25 lb	117.30
L008	Onion-Chopped 15 lb	50.30
L007	Mushroom-Slices 5 lb	74.90
L013	Mix-Vegetable Stew Blend 30 lb	131.50
L015	Celery-10 lb	53.50
L016	Cabbage-15 lb	81.10
L046	Spinach Flakes 5 lb	29.80
L017	Peppers-Mixed Red & Green 15 lb	84.70
L009	Potato-Dices cubes 45	70.70
L010	Potato-Flakes 40 lb	50.40
L075	Potato-Complete Supreme 40 lb	0.00
L011	Potato-Slices 25 lb	46.80
L014	Potato-Granules 50 lb	63.10
L006	Potato-Hash browns 30lb	61.00
L020	Sweet Potatoes 25 lb	78.00

### Fruits

L033	Fruit-Apple Slices 15 lb	110.40
L034	Fruit-Applesauce 30 lb	290.50
L035	Fruit-Banana Slices 14 lb	21.60
L036	Fruit-Fruit Galaxy 30 lb	307.90
L037	Fruit-Peach Apple Flakes 30 lb	177.70
L038	Fruit-Strawberry AppleFlakes30lb	180.80
L039	Fruit-Peach Dices 30 lb	269.10

**All prices subject to change**

L040	Fruit-Raisins Golden dried 40 lb .....	246.00
P001	Fruit-Raisins Select Fresh 30 lb .....	51.30
B065	Fruit-Raisins Select fresh 10 lb .....	20.40

**TVP Meat Flavored Textured Vegetable Protein**

L063	Bacon Flavored 25 lb .....	39.50
L064	Beef Flavored 25 lb .....	42.40
L065	Chicken Flavored 25 lb .....	43.20
L066	Taco Flavored 25 lb .....	50.50
L071	Sausage Flavored 25 lb .....	50.50
L072	Sloppy Joe Flavored 25 lb .....	79.50
L073	Pepperoni Flavored 25 lb .....	56.50
L074	Barbecue Flavored 25 lb .....	80.40
L077	Italian Sausage 25 lb .....	65.90
L078	Ham Strips 25 lb .....	81.60
L048	Imagic Bacon Crumbles 25 lb.....	57.80
L049	Beef Flavored Jerky Strips 25 lb.....	74.50
L068	Chicken Flavored Red Bits 25 lb .....	66.50

**Misc.**

L051	Bouillon-Beef no MSG 50 lb .....	101.70
L052	Bouillon-Chicken no MSG 50 lb .....	98.80
L012	Tomato-Powder 55 lb .....	228.50
B071	Gluten-Vital Wheat 5 lb.....	11.50
P004	Wheat Gluten-Vital 50 lb .....	70.00
B057	Lecithin Liquid #41 bucket.....	56.80
B072	Super Lecithin Powder 15 lb .....	
B073	Super Lecithin Powder 25oz.can .....	8.70
B003	Clear Jel (cold) Instant Thickener 25 lb .....	61.40
B085	Clear Jel (hot) NonInstant Thickener 25 lb.....	51.20
P005	Baking Soda-50 lb .....	32.30
P006	Cornstarch-50 lb .....	32.70
O090	Salt-Real Natural 25 lb .....	65.40
B070	Salt-Iodized 25 lb .....	8.30
L055	Eggs-Mix (eggs, milk, shortening) 50 lb .....	321.30
L056	Eggs-Whites 50 lb .....	450.30
L057	Eggs-Whole about 1800 Eggs 50 lb.....	207.50
L062	Shortening-Powder 50 lb .....	103.80
L067	Mix-White Cream Sauce 50 lb .....	0.00
B036	Dutch Baking Cocoa 50 lb.....	263.40

**Dairy**

P011	Milk-Regular non/fat 63 gal 50 lb.....	128.60
P012	Milk-Instant non/fat 66 gal 50 lb .....	160.20
B053	Morning Moo White Makes 70 gal 50.....	
B054	Morning Moo Choc Makes 50 gal 50 lb.....	
B037	Swiss Soy D'Lite (Soy Milk) 70 gal 50 lb.....	257.90
P002	Cocoa-Makes 25 gal 25 lb .....	61.60
P003	Cocoa-Makes 50 gal 50 lb.....	118.40
L054	Cheese-Blend no MSG 50 lb .....	210.50
L059	Cheese-Cheddar Pdr no MSG 50 lb .....	368.50
L058	Margarine-50 lb .....	124.40
L053	Butter-Powder 50 lb .....	286.40
B011	Milk-Buttermilk Powder 50 lb.....	106.60
P055	Sour Cream-Powder 50 lb .....	291.10

**Sugar**

P016	Sugar-Brown 25 lb .....	29.70
P017	Sugar-Powdered 25 lb .....	29.90
P018	Sugar-White 25 lb .....	29.90
P038	Sugar-Fructose 50 lb.....	47.00
P010	Sugar-Molasses bucket 45 lb .....	48.00

**Mixes**

P023	Mix-Buttermilk Pancake 25 lb .....	26.10
P029	Mix-Buttermilk Biscuit 25 lb .....	31.10
P020	Fudge Brownie Mix 25 lb .....	40.60
P069	Mix-Basic Muffin 30 lb.....	43.10
P075	Corn Muffin 30 lb.....	39.10
P084	Squaw Wheat Bread Mix 25 lb .....	24.30
P085	Scrumptious Drop Scone Mix 30 lb .....	44.90
P086	Bakers Complete White Cake Mix 25 lb.....	42.40
P087	Bakers Complete Chocolate Cake Mix 25 lb .....	42.40
P088	Save Time White Bread Mix 25 lb.....	27.50

**All prices subject to change**

## Organic Commodities (These are certified organic)

### Hard Red Wheat

O002	Paper Bag, 50 lb.....	44.30
O003	Double Bag 50 lb .....	44.80
O001	Double Bag 25 lb .....	25.20
O004	Bucket 6 gal 45 lb.....	50.90
O006	#10 cans wheat 88oz .....	8.00

### Pinto Beans

O070	25 lb Bag .....	44.70
O071	6 Gal Bucket 41 lb .....	81.20
O073	#10 can Pinto Beans 84oz .....	13.60

### Small Red Beans

O078	25 lb bag .....	44.70
O079	6 Gal Bucket 41 lb .....	82.50
O081	#10 can Small Red Beans 90oz .....	14.40

### Real Salt-Nat trace mineral

O090	25 lb box .....	65.40
O091	6 Gal Bucket 50 lb .....	142.30
O093	#10 can Real Salt 128oz .....	36.40
O094	Real Salt-Organic 32oz # 2.5.....	12.30

### Oat Bran-Fine

O010	25 lb bag .....	38.00
O011	6 Gal Bucket 30 lb .....	52.30
O013	#10 Can Oat Bran 57oz .....	11.10

### Oat Groats

O018	#10 can .....	13.00
O014	25 lb bag .....	34.20
O017	50 lb bag .....	63.40
O015	6 Gal Bucket 42 lb .....	61.20

### Rolled Oats-Regular

O020	50 lb Bag .....	55.30
O021	6 Gal Bucket 25 lb .....	41.20
O023	#10 Can Rolled Oats 40oz .....	11.00

### Rolled Oats-Quick

O024	50 lb Bag .....	55.30
O025	6 Gal Buckets 23 lb .....	41.10
O027	#10 Can Quick Oats 40oz .....	11.00

### Hulled Millet

O030	25 lb Bag .....	24.70
O031	6 Gal Bucket 43 lb .....	51.10
O033	#10 Can Millet 84oz .....	13.20

### Soybeans

O082	25 lb bag .....	36.90
O083	6 Gal Bucket 40 lb .....	74.30
O085	#10 Can Soybeans 84oz .....	12.40

### Brown Rice-Long

O100	25 lb Bag .....	35.60
O101	6 Gal Bucket 43 lb .....	70.30
O103	#10 Can Brown Rice 84oz .....	14.90

### Basmati Brown Rice

O104	25 lb bag .....	41.60
O105	6 Gal Bucket 43 lb .....	72.50
O107	#10 can Basmati Rice 84oz .....	17.00

### Hulled Buckwheat

O034	25 lb bag .....	45.70
O036	6 Gal Bucket 42 lb .....	82.20
O038	#10 can Hulled Buckwheat 85oz .....	15.30

### Kamut® grain

O039	25 lb bag .....	34.50
O041	6 Gal Bucket 42 lb .....	66.70
O043	#10 can Kamut® grain 85oz .....	10.60

### Quinoa

O044	25 lb Bag .....	59.60
O045	6 Gal Bucket 45 lb .....	121.20
O047	#10 Can Quinoa 88oz .....	23.20

### Amaranth

O048	25 lb Bag .....	51.10
O050	6 Gal Bucket 45 lb .....	98.00
O052	#10 Can Amaranth 88oz .....	18.40

### Spelt-Baking Quality

O053	25 lb bag .....	33.90
O054	50 lb bag .....	65.10
O055	6 Gal Bucket 42 lb .....	67.50
O057	#10 can Spelt 85oz .....	13.60

### Macaroni-whole wheat

O110	10 lb box .....	24.60
O111	6 Gal Bucket 20 lb .....	56.50
O113	#10 can Macaroni 50oz .....	12.30

### Flax-Golden

O058	6 Gal Bucket 38 lb.....	112.10
O060	5 Lb. Bag.....	17.00
O061	25 Lb. Bag.....	65.90

### Adzuki Beans

O062	25 Lb. Bag .....	40.60
O063	6 Gal. Bucket 45 lb .....	81.20
O065	#10 can 88oz.....	15.20

### Small White Beans

O074	25 Lb. Bag.....	42.30
O075	6 Gal. Bucket 45 lb.....	82.00
O077	#10 Can 94 oz.....	15.00

### Black Turtle Beans

O097	25 lb. Bag .....	46.20
O098	6 Gal. Bucket 42 lb.....	78.30
O122	#10 Can 90oz.....	15.00

All prices subject to change

**DEHYDRATED UNITS-ONE PERSON**

**1 Year Supply of Food**

**UUO25 1 Year Basic Food Unit..... \$629.20**

\*2225 calories 94 grams protein per day for 1 year\*

**6 Gallon Super Pail Buckets:**

- 3- Hard Red Wheat
- 1- Pinto Beans
- 3- White Rice
- 1- Quick Rolled Oats
- 2- Hard White Wheat
- 1- Small White Beans
- 1- Instant Milk
- 1- Black Bean

**#10 Cans:**

- 1- Shortening Powder
- 1- Baking Powder
- 2- Sugar
- 1- Baking Soda
- 1- Iodized Salt

**#2.5 Cans & Misc.**

- 3- 17.5 oz pkg. Saf-Instant Yeast
- 1- Beef Bouillon
- 1- Lid Remover
- 1- Chicken Bouillon

**UUO12 Case Unit #10 cans..... \$896.40**

\*The 11 case unit supplies 1 person with a total 1 year food supply of 1104 Calories and 35 grams Protein per day. By adding 300 lbs of wheat and 100 lbs of beans this unit would supply a total of 2950 calories and 76 gm of protean per day.\*

- Case 1
  - 1- Apple Slices
  - 1- Peach Flavored Apple Flakes
  - 1- Strawberry Flavored Apple Flakes
- Case 2
  - 1- Green Beans
  - 1- Sweet Corn
  - 1- Chopped Onion
- Case 3
  - 1- Potato Dices
  - 1- Hashbrowns
- Case 4 & 5
  - 6- Dehydrated Instant Milk.
- Case 6
  - 1- White Cream Sauce
  - 1- Margarine Powder
  - 1- Whole Egg Powder
- Case 7
  - 1- Chicken TVP
  - 1- Taco TVP
  - 2- Beef TVP
- Case 8
  - 1- Cornmeal
  - 1- Spaghetti
  - 1- Refried Beans
- Case 9
  - 1- Red Beans
  - 1- Small White Beans
- Case 10
  - 1- 6 Way Rolled Grain
  - 1- Pearl Barley
- Case 11
  - 1- Cocoa Mix
  - 1- Black Turtle Bean
  - 1- Peach Drink
- Case 12 (#2.5 Cans)
  - 1- Beef Bouillon
  - 2- Iodized Salt
  - 1- Baking Powder
- 2- Banana Slices
- 2- Apple Sauce
- 1- Carrot dices
- 1- Garden Peas
- 1- Tomato Powder
- 2- Vegetable Stew
- 2- Potato Granules
- 1- Shortening Powder
- 1- Cheese Powder
- 1- Egg Mix
- 1- Bacon TVP
- 1- Sausage TVP
- 1- Germade
- 2- Elbow Macaroni
- 1- Pinto Beans
- 3- White Rice
- 2- Quick Oats
- 2- 9 Cracked Grain
- 1- Popcorn
- 2- 16 Bean Soup Mix
- 1- Allocation Sheet
- 1- Chicken Bouillon
- 1- Baking Soda
- 1- Allocation Sheet

**UU030 Deluxe 1 Year Unit.....\$1309.40**

\*2900 Cal-103gm protein per day\*

Our 12 Case Year Supply Unit-see above –plus 9 Gallon Super Pail Buckets:

- 3- Hard Red Wheat
- 1- Small Red Beans
- 1- Small White Beans
- 3- Hard White Wheat
- 1- Pinto Beans

**#10 Cans:**

- 4- Sugar
- Other Items: 3-17.5 oz pkg. Saf-Instant Yeast
- 1- Lid Remover

**1 Year 27 Case Unit (Rusty's design)..... \$1695.95**

\*3100 Calories (approx)\* 681 lbs. Retail \$1773.95 **SAVE \$78.00**  
161 #10 cans, and 6 #1 yeast, 3-5lb honey.

- Case 1
  - 4- Quick Oats
- Case 2
  - 2- Germade
  - 2- 6 Way Rolled Oats
- Case 3
  - 6- Buttermilk Pancake Mix
- Case 4
  - 5- Dehydrated Regular Milk.
- Case 5
  - 4- Beef TVP
- Case 6
  - 4- Chicken TVP
  - 1- White Sugar
- Case 7
  - 1- Corn
  - 1- Peas
  - 2- Potato Dices
- Case 8
  - 4- Rice
- Case 9
  - 6 Macaroni
- Case 10
  - 4- 10 Bean Mix
- Case 11
  - 2- Kidney
  - 1- Strawberry Flavored Apple Flakes
  - 1- Peach Flavored Apple Flakes
- Case 12
  - 1- Chicken Bouillon
  - 2- Salt
  - 1- White Cream Sauce
- Case 13
  - 2- Apple Slices
  - 1- Banana
- Case 14
  - 6- Dehydrated Instant Milk.
- Case 15
  - 1- Dehydrated Instant Milk.
  - 1- Orange Drink
  - 2- Whole Egg
- Case 16
  - 1- Chocolate Pudding
  - 1- Banana Pudding
  - 1- Fudge Brownie
- Case 17
  - 1- Corn Starch
  - 1- Margarine Powder
  - 1- Baking Powder
- Case 18, 19, 20, 21
  - 6- Red Wheat
- Case 22, 23, 24, 25, 26
  - 6- White Wheat
- Case 27
  - 3- 5lb Honey
  - 2- Cookbooks
- 2- 9 Cracked Grain
- 2- Buttermilk Pancake Mix
- 1- Cocoa Mix
- 2- Bacon TVP
- 1- Brown Sugar
- 1- Carrots
- 1- Green Beans
- 2- Potato Dices
- 2- Pinto Beans
- 1- Rasins
- 1- Strawberry Gelatin
- 1- Beef Bouillon
- 1- Tomato Powder
- 1- Applesauce
- 2- Fruit Galaxy
- 1- Apple Drink
- 1- Peach Drink
- 1- Vanilla Pudding
- 1- Whipped Topping
- 1 Popcorn
- 1- Butter
- 1- Cheese Powder
- 1- Baking Soda
- Case 22,23,24,25,26
- 6-White Wheat
- 6- Yeast

## **Sprouts and Sprouters**

Kitchen Sprouter.....	19.95
N020 Sprout Master single kit 2 lids .....	14.95
N021 Sprout Master triple kit stackable 4 lids.....	39.95
N022 Sprout Master triple mini stackable 4 lids.....	21.95
B052 Sprout Seed Barley Whole 50lb bag.....	
C032 Sprout Seed Barley Whole 38lb 6 gl.....	
Q011 1.5 lb Sprouting Mix .....	5.20
Q012 5.0 lb Sprouting Mix .....	10.80
*Sprouting Mix - Adzuki Beans, Red & Green Lentils. Mung Beans, Peas, Triticale, Soft and Hard White Wheat*	
ALFALFA - Sprouting	
A054 Sprout Seed-Alfalfa 25# bag.....	86.30
A052 5 lb bag Alfalfa-sprouting .....	20.30
V001 6 gal Bucket Alfalfa-sprouting 45#.....	139.20
K003 Sprout Seed-Alfalfa 88oz #10 .....	28.30
*Spray sprouts with a solution of ion stabilized oxygen: sprouts will last much longer*	
Sprouting Seed: Packed in mylar bags	
Q001 1.5 lb Alfalfa .....	7.80
Q002 1.5 lb Triticale.....	3.90
Q003 1.5 lb Whole Peas .....	4.10
Q004 1.5 lb Mung Bean .....	5.20
Q005 1.5 lb Soybeans.....	3.90
Q006 1.5 lb Lentils.....	4.70
Q007 1.5 lb Adzuki Beans.....	6.60
Q008 7 metal bags of above (one case) .....	32.40
Q016 1.5 lb Broccoli .....	13.80
Q017 1.5 lb Radish.....	8.50
Q050 1.5 lb Black Turtle Bean Organic .....	9.80
Q051 1.5 lb Hard Red Wheat Organic.....	5.50
Q052 1.5 Hulled Buckwheat Organic.....	6.30
Q053 1.5 lb Kamut Organic .....	6.10
Q054 1.5 lb Garbanzo Bean .....	5.70
Q055 1.5 lb Spelt Organic.....	6.10
Q056 1.5 lb Soybeans Organic.....	6.30

## **MRE** (meals ready to eat)

MRE Meals Ready To Eat-Single .....	8.95
MRE Case Lot (12 assorted) .....	94.95

## **Military Ready-To-Eat Meals**

## **Wheat Grinders**

Back To Basics Hand Mill .....	69.95
Sunshine Nugget Stone Hand Mill-enamel coated .....	149.95
Sunshine Nugget Stainless Burrs.....	59.95
Sunshine Nugget Stone Hand Mill- <b>enamel</b> & stainless burrs .....	199.95
Sunshine Nugget Stone Mill – <b>silver</b> .....	139.95
Sunshine Nugget Clamp Kit .....	24.95
Country Living Grain Hand Mill .....	389.99
*Designed to be motorized. You supply slow RPM Motor-belt-pulley* <b><i>Finest hand mill on the market</i></b>	
Extra Burrs for Country Living Mill .....	109.50
Nut-Bean Auger for Country Living M.....	39.95
Power Bar Extension For Country L M.....	25.95
(converts 12" flywheel to 19 inches)	
WonderMill Junior – Hand Grinder (enamel coated) .....	219.95
-Includes stainless steel burrs	
Wonder Mill-Electric .....	259.95
NutriMill Electric Mill (call on specials).....	259.95

## **BOSCH Kitchen Machines & Supplies**

(Call for Bosch specials)

Bosch Universal PLUS 800 watt (no blender) .....	429.99
Bosch Slicer Shredder .....	119.99
Bosch Food Processor .....	104.99
Bosch Blender.....	69.99
Bosch Batter Whisks Set.....	13.99
Bosch Wire Whips each .....	13.99
Bosch Cookie Paddles.....	22.99
Bosch Meat Grinder.....	145.99
Bosch Sausage Stuffer add to Meat Grinder.....	54.99
Bosch Grating Attachment add to Meat Grinder .....	25.99
Bosch Noodle Attachment add to Meat Grinder .....	199.99
Bosch Pastry Press add to Meat Grinder .....	15.99
Bosch Berry Press add to Meat Grinder .....	99.99
Bosch Hand Crank .....	14.99
Bosch Citrus Juicer.....	25.99
Bosch Seed Grinder.....	29.99
Bosch Compact Machines .....	149.99 – 229.99
Master Vac (vacuum packing system).....	99.95
Pitcher 2 Quart Mixing.....	8.95

**All prices subject to change**

## **Water, Treatment, Filters**

4.2 oz. Water Packets .....	40
Germicidal Water Tablets .....	6.49
Germicidal Tablets w/ neutralizer .....	9.95
Aquamira Water Treatment .....	15.95
Aqua Mira Frontier Straw .....	10.95
Polar Pure Iodine Water Crystals .....	19.95
ION 2 oz-purifies water, store water 7 yrs .....	16.95
*ION Water purifier kills Salmonella, Cholera, E. Choli, Streptococcus and Giardia lamblia*	
Seychelle 1/2 Liter Filter .....	29.95
Seychelle Bottle Filter/Stainless .....	34.95
Seychelle Standard Replacement Filter .....	9.95
Katadyn Combi Filter (13,000 gal.) Ceramic .....	179.95
Ceramic Filter for Combi (living organism) .....	79.95
Carbon Pack for Combi (chemical removal) .....	10.95
Katadyn Countertop Add on Kit .....	49.95
Katadyn Pocket Filter (13,000 gal.) .....	279.95
Katadyn Pocket Replacement Cartridge .....	154.95
Katadyn Drip Filter (39,000 gal.) .....	248.95
Katadyn Guide Replacement Cartridge .....	39.95
Katadyn Hiker Filter (200 gal.) .....	64.95
Katadyn Hiker Replacement Filter .....	34.95
Katadyn Hiker Pro .....	74.95
Katadyn Micropur tablets (30) .....	13.95
Katadyn Vario Filter .....	89.95
Katadyn Vario Filter Replacement Cartridge .....	34.95
Katadyn Vario Carbon Packets (2pk) .....	10.95
Katadyn Vario Ceramic Disc .....	15.95
Katadyn StopTop Accessory(carbon holder) Add to any filter .....	14.95
Nalgene Bottle 48 oz. ....	8.95
Nalgene Bottle 32 oz. ....	5.95
Nalgene Bottles 32 oz. (8 different colors)Lexan BPA Free .....	9.95
Katadyn Purifier Bottle-Blue .....	44.95
Katadyn Micro Filter Bottle (blue) .....	39.95

## **Lighting**

Aladdin Watchman oil lamp .....	129.95
Aladdin mantle .....	15.95
Aladdin wicks .....	14.95
Aladdin chimney Heel Less .....	21.95
Aladdin Nickel Light Booster .....	19.95
Aladdin Chimney Lox On .....	24.95
WT Kirkman Hurricane Lantern .....	24.95
Solar & Hand Crank Flashlights & Lanterns available .....	Call for info

## **Water Storage**

5-Gallon (Stackable) .....	\$9.95
Extra lid and flowrite spigot .....	2.95
15-Gallon .....	34.95
55-Gallon Blue .....	59.95
Siphon Pump .....	16.95

**All prices subject to change**

## **Food Buckets & Containers**

\*These are food grade quality for long term storage.  
Buckets include rubber gasket lid for an airtight seal\*

1-Gallon .....	3.50
2-Gallon .....	4.50
4.25 -Gallon .....	5.95
5-Gallon .....	5.95
6-Gallon .....	6.95
Gamma Seal Lid (White, Red, Green, Yellow, Blue, Black) .....	6.95
*Air tight screws on or off reusable. FDA food grade colors*	
Metal Lid Lifter Small .....	12.95
Metal Lid Lifter Large and Bung Wrench .....	17.95
100 Pack Oxygen Absorbers 300cc .....	21.95
24 Pack Oxygen Absorbers 300cc .....	8.55
12 Pack Oxygen Absorbers 300cc .....	4.55
6 Pack Oxygen Absorbers 300cc .....	2.50
Bag Mylar Metal Liner 20" X 30" .....	2.25
Bag Mylar Metal Liner 20" X 29" w/ziplock .....	4.25
Plastic Bucket Liner (6 gal) .....	1.25

## **Communication & Signaling**

Freeplay Handcrank/Solar AM/FM .....	79.95
Freeplay Clock/Radio Hand crank/Solar Summit .....	89.95
*With Internal Solar Charger, Self powered-no batteries*	
60 turns on internal springs driven generator=30 minutes (Spring life 10,000 X 60 turns)	
Solar, Hand Crank, Battery AM/FM Radio .....	29.95
Solar, Hand Crank, Battery Radio w/ rechargeable .....	69.95
Solar/Hand Crank Radios & Light .....	34.95 to 59.95
Weather One Radio .....	39.95
Storm Whistle (worlds loudest) .....	8.95
Wind Storm Whistle .....	7.95
Orange Whistle .....	1.95
Emergency Strobe .....	28.95
SkyBlazer Aerial Signal Flares (3 pack) .....	48.95
8 Hr & 12 Hr Light Sticks .....	1.75
Smoke Signals-Marine .....	9.95

## **72 Hour Kit**

Emergency Space Blanket .....	1.99
Cocoon Survival Bag (pocket size sleeping bag) .....	7.95
MPI All Weather Blanket .....	15.95
Sportsman's Hooded Blanket .....	19.95
Bivvy Sack Emergency 1 Person 8.1 Oz. ....	33.00
Bivvy Sack Emergency 3.8 Oz. (small) .....	14.95
Emergency Rain Poncho .....	1.49
Heavyweight Rain Poncho .....	6.95
Tube Tent .....	5.95
Hand & Body Warmer 18 hours of heat .....	1.69
50 ft. Utility Cord .....	1.95
Storm Matches .....	4.25
Waterproof Matches .....	.50
Firestick Starters .....	1.95
Magnesium Fire Starter .....	7.95
Emergency Tinder Kit .....	7.95
Emergency Tinder .....	2.89
Pink Lady Candles .....	40
Pink Lady Case 480 count .....	170.00
Tissue Pack .....	.55
Wind & Waterproof Matches 2pk .....	4.45
Small Sierra Cup .....	5.95
Large Sierra Cup .....	6.95
Esbit Stove (solid fuel) .....	15.95
Esbit solid fuel 12 pack .....	6.95
Folding Stove .....	8.95

Camp Heat – 2 pk (4 hours each) .....	5.95
1200 Calorie Food Bar .....	4.49
2400 Calorie Food Bar .....	6.49
3600 Calorie Food Bar .....	8.95
SAS Survival Guide .....	9.95
1 Qt. Cookpot .....	13.95
Solo II Cook Pot.....	13.95
Sierra Saw .....	13.95
Sierra Saw (replacement blade).....	6.95
Trail Blazer Saw.....	39.95
Multi Tool .....	6.95

**Cook Books**

Marlenes Magic Cooking with Storage .....	18.95
Just Add Water .....	8.95
Country Beans .....	14.99
Making the Best of Basics.....	39.95
Cooking With Beans and Rice.....	11.95
Cooking With Home Storage .....	16.95
Food Storage 101.....	11.95
The Amazing Wheat Cookbook .....	16.95
Cooking with Powdered Eggs .....	7.50
Cooking with Powdered Milk.....	9.50
Natural Meals in Minutes .....	15.95
Mix A Meal .....	14.95
Instant Delite (clear Jel recipes) .....	6.95
Eating Off the Grid.....	18.95
How to Dry Foods.....	15.95
Boarding the Ark Today.....	14.95
Whole Wheat Bread Making .....	12.95
Cooking With Chef Brad.....	18.95
Sprouting For All Seasons.....	14.95

**Canning Equipment/Supplies/Misc**

Food Strainer / Sauce Maker (stainless) .....	69.95
Steam Canner .....	57.95
21 Quart Canner-All American (best made).....	269.95
30 Quart Canner-All American (best made).....	319.95
Steam Juicer Stainless Steel .....	139.95
Steam Juicer Aluminum .....	69.95
Cherry Stoner .....	25.95
Fruit Press/Wheat Grass Juicer Stainless.....	129.95
Fruit Press/Wheat Grass Juicer Stainless.....	149.95
Meat Grinder .....	89.95
Apple Peeler - Clamp .....	27.95
Apple Peeler - Suction.....	29.95
Moline Juicer 1000 .....	249.95
L'Equip Mini Pulp Ejector Juicer.....	99.95
Home Canning Kit (5 pc).....	14.95
Apple Slicer .....	6.95-9.95
Hand Pasta Maker .....	44.95 to 84.95
L'Equip XL Juicer.....	129.99
L'Equip Visor Natural Processor.....	269.99
Popcorn-Stove Top Popper.....	49.95

**Dehydrators**

American Harvest Dehydrator 1000watt 4trays .....	139.95
American Harvest 8 Tray 1000 watt.....	199.95
Add A Tray 2 Pack.....	19.95
American Harvest Dehydrator 700 watt 5trays .....	99.95
Add A Tray 2 Pack.....	17.95
L'Equip Dehydrator 6 Tray .....	149.99
Fruit sheets and berry screens are available	
Jerky Works Kit .....	19.95
Jerky Spice Works .....	7.95

**Cookers and Stoves**

Scorpion III Stove Butane .....	24.95
Scorpion Butane Fuel .....	4.95
Athena Butane Stove.....	39.95
Shepherders wood & coal Stove w/glass .....	call for prices
Shepherders Thermostat .....	
Shepherders Leg extension.....	
Shepherders 2.2 gal Watertank .....	
Alpaca (8,500 BTU) Kerosene.....	108.95

**Rope**

Nylon Rope 50ft.....	1.95
3/16 x 100 ft .....	7.95
1/4 x 50 ft .....	13.95
3/8 x 50 ft .....	13.95
1/2 x 50 .....	19.95

**Survival Books - Many other Books Available**

SAS Survival Guide .....	9.95
SAS Survival Handbook .....	19.95
Camping & Wilderness Survival.....	32.95
The Wallace Guide Book .....	5.95

**First Aid**

Adventure Medical Kit Trail .....	24.95
Adventure Medical Kit Day Tripper .....	29.95
Adventure Medical Kit Weekender .....	59.95
Adventure Medical Kit Fundamentals.....	104.00
Adventure Medical Kit Comprehensive .....	164.95
Adventure Medical Kit Expedition .....	259.95
Adventure Medical Kit Mountain Medic .....	319.95
Adventure Medical Kit Hunter.....	59.95
Adventure Medical Kit Trauma Field .....	39.95
Sam Splint .....	16.95
Wound Closure Kit.....	9.95
Dental Repair Kit .....	14.95
Suture Kit .....	59.99
CPR Kit (mask - gloves - wipes).....	9.95

**Sanitation**

Toilet Seat .....	17.95
Reliance Toilet Hassock.....	49.95
Passport Portable Toilet 12 Liter.....	89.95
Passport Portable Toilet 18Liter.....	99.95
Bio-Blue Toilet Deodorant.....	6.95

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